

Adult Programs for the Winter



Downloading Zinio Magazines Monday, December 2 *and* Monday, January 6 at 6:30 pm **OPEN TO WESTFIELD PATRONS ONLY**

Have you tried your library's new service, Zinio Magazines? This interactive presentation (**not** a hands-on workshop) is designed to answer all your questions about the digital magazine service called Zinio. Zinio recreates a magazine page for page, including full-color pictures, intuitive navigation, key word article search and interactive elements such as audio and video. Zinio is accessible through PCs, MACs, iPhones, iPads, Androids, Kindle Fire/FireHD, Nook HD/HD+, and BlackBerry Playbook. Andrew Gross, a representative from RBdigital Recorded Books, presents this fantastic service, and goes through all the steps you need to view and download titles. A wonderful way to take advantage of your mobile device!

The Art of Gratitude Wednesday, December 11 at 7:00 pm

What if gratitude was not just a concept, but it was something you could actually touch with your hands? Connecting to a true sense of gratitude can bring so much more meaning to the holidays. In this workshop, artist Wendy Rosenberg explores creative ways to make gratitude fun...not just something we "should"

do, but something that we can't resist doing because it is so enjoyable and the effects are so powerful. You will leave the workshop with a completed poem and a "Gratitude Garland," which is a lovely decoration for your home, to remind you of your greatest gifts throughout the holidays and winter season.

The Art of Giving Wednesday, December 18 at 7:00 pm

This time of year is focused on giving. While the holidays often emphasize giving and receiving tangible products, giving from the heart is often the most meaningful gesture of all. We just need to open our minds and imaginations. In this workshop, Wendy Rosenberg guides us through creative exercises that explore the role of service in our lives. You will both honor the ways you have

given to others in the past, and discover new opportunities for sharing your gifts in the future. We look at service through a lens of creativity and fun, and discover the most meaningful gifts are often the most simple.

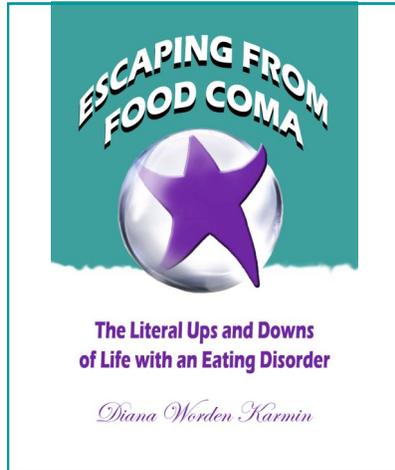


More Adult Programs for the Winter

Westfield resident speaks about her book *Escaping from the Food Coma* on Wednesday, January 8 at 7:00 pm

After stepping on her bathroom scale in the summer of 2010, Diana Worden Karmin finally decided that at 52 years old and weighing 263 pounds, it was time to escape from the crushing chest pains, the nearly crippling joint pain, and the deepening depression with a goal of getting under 200 pounds. By January 2011, after months of dieting and exercise, she slipped into a pair of size 16 jeans and felt absolutely triumphant. Eighteen months later, Diana had not only met—but far exceeded her original goal—by (ever so briefly)

fitting into a size 2. Over her lifetime she's worn every size



from a 22 to that elusive size 2...which explains why she now owes Lord & Taylor

over \$3000! Diana has documented her lifelong struggles with weight and disordered eating in her book by blending soul-baring vignettes with a healthy dose of humor.

Diana lives in Westfield, with her husband, his two adult children, and their Miniature Schnauzer that she spoils rotten. After a 30-year absence from school, she enrolled in Union County College, where she maintains a 4.0 GPA, in pursuit of a Communications degree. Diana is also a level one certified personal trainer.

How to Create a LinkedIn Profile

OPEN TO WESTFIELD RESIDENTS ONLY

Wednesday, January 15 and February 12 at 6:30 pm

Note Earlier Than-Usual-Start-Time



A Hands-on Workshop. You MUST register as seating is limited. You may bring your own laptop or tablet. Please let us know if you need to use one of our laptops

Most employers automatically turn to LinkedIn to research potential job candidates and a recent poll said that 89% of companies plan to recruit through LinkedIn. If you don't have a LinkedIn

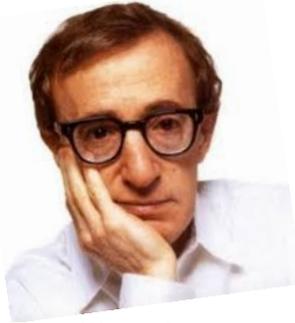
profile, you will miss out on some valuable job search opportunities. Nancy Anderson is the President of Blackbird Learning Associates, a job search training company. Nancy has over 25 years' experience in Human Resources, Learning & Devel-

opment and relationship management in the pharmaceutical, finance and insurance industries. During her career, she has trained thousands of domestic and international employees for high profile firms. She is also the author of *Job Search for Moms*.

Even More Adult Programs

Chris Messineo presents "Woody Allen and The Art of Infidelity" Saturday, January 18 at 2:00 pm

No modern writer and director is more prolific or iconic. Drawing equal inspiration from Groucho Marx and Ingmar Bergman, the films of Woody Allen can be hilarious or tragic, but are always filled with his signature style and a fascination for affairs of the heart. Come explore "The Art of Infidelity" as we study scenes from "Manhattan," "Hannah and Her Sisters," "Crimes and Misdemeanors," and "Match Point." Chris Messineo, Director of the New Jersey Film Institute, is a thoroughly entertaining and knowledgeable speaker. Don't miss this presentation!



Woody Allen



Chris Messineo

The Friends of the Library Celebrate Black History Month with "From the Mississippi Delta" The Memoir of Playwright Endesha Ida Mae Holland Wednesday, February 5 at 7:00 pm Open to the public but you MUST register for this popular event!



Endesha Ida Mae Holland
1944-2006

A fascinating, true-story play about the life of an amazing woman who started life in poverty, and became a professor and well-known playwright. The play is a memoir of Endesha Ida Mae Holland who was born in Greenwood, Mississippi, experienced poverty, racism, and tragedy, and soon drifted to prostitution. An unlikely encounter with a man who worked for the Student Nonviolent Coordinating Committee pointed her in the direction of what would become her passion, the Civil Rights Movement, and meetings with Dr. Martin Luther King and other prominent Civil Rights figures.

After she enrolled for courses at the University of Minnesota, it took her thirteen years to complete her Bachelor of Arts degree in Black Studies, but she continued with her studies to receive her PhD. When she died in 2006, the former poverty-stricken girl and prostitute was an acclaimed playwright ("Second Lady Doctor," "The Reconstruction of Dossie Ree Hemphill," "From the Mississippi Delta"), Professor Emeritus of Theater at the University of Southern California, and handed the key to the city of her hometown. This gripping drama is performed by Lisa Fleming, Renee Williams, and Sandi Jackson, all marvelous and accomplished performers. Register now!



Almost the Last Page of Adult Programs

Learn How to Control Your Clutter! Monday, February 10 at 6:30 pm

Back by popular demand! Presenter Karen Camden helps you to get organized and reduce the clutter in your life. To do this, she will help you define your habits, eliminate time wasters, and set goals and priorities. Each student will be asked to fill out a clutter control worksheet.

Karen Camden is the President of Camden Associates, a consulting firm that provides services in Communications and People

Skills, Organizational Assessments and Clutter Control. Put this date on your calendar right now and remember to sign up!

See page 8 for Karen's Springtime Gardening Program.



Karen Camden

Nobody Owns the Sky: Four Fearless Female Flyers Wednesday, February 19 at 7:00 pm

Open to the public but you MUST register for this popular event!

Before Amelia Earhart's famous exploits, female flyers had already proved that aviatrixes were every bit as brave and daring as their male counterparts. Flying in flimsy wood and canvas biplanes, Harriet Quimby, Katherine Stinson, Bessie Coleman and Elinor Smith awed and thrilled people on the ground—executing audacious acrobatic aerial maneuvers, soloing across the English channel, set-

ting records, barnstorming and buzzing beneath all four New York bridges. Undaunted by male skepticism, they were determined to show that anything that men could do, they could do better! Inexplicably, these women's astonishing accomplishments have been largely forgotten. Come hear historian Carol Simon Levin bring their colorful stories to life!



To register for this or any other event, visit www.wmlnj.org and click on the Calendar link or call 908.789.4090, extension 0.

The Final Page of Adult Programs ... and Computer Classes

How to Interview for Success Saturday, February 22 at 2:00 pm

Nancy Anderson is back to present an informative program designed to give job seekers the tools they need! This program focuses on the three major types of interviews: networking, telephone and face-to-face. Participants will practice interviewing using their own skill sets. She will also review interview flow and anticipated questions. Nancy Anderson is the President of Blackbird Learning Associates, a job search training company. Her company provides job search training and consult-

ing. Nancy has over 25 years experience in Human Resources, Learning & Development and relationship management in the pharmaceutical, finance and insurance industries. In her career she has led the training projects for many high-profile company initiatives. She has worked for Johnson & Johnson, the CIT Group, The Bank of New York and the Chubb Group of Insurance Companies. During her career, she has trained thousands of domestic and international employees.

It's Almost Spring ... Learn the Basics of Gardening Saturday, March 1 at 1:30 pm



Let's make this the year you design the garden you've always wanted! Learn about soils, tools, watering and how

to choose the right plants for your yard's conditions from presenter Karen Camden. Be the envy of the neighborhood!